



Aftercare Bags

I was recently asked what was in our aftercare bags? Here is a list:

- Bottle water
- Flexible straws
- Moisturizer lotion
- Small plastic bags
- Small garbage bags
- Lifestyle personal contact cards
- Pen & note paper
- Latex gloves
- Small supply of paper towels
- Assortment of band aids
- Insect repellent
- Three small soft blankets
- Three beach towels
- Sanitary wipes
- Tissue
- Large pocket knife with easy open blade
- Scissors like the ones used by the riggers

Depending on where we will be playing, we also carry a small cooler with soft drinks, cut fruit, etc.

Note: I always have a large first aid kit in my truck.

If you have any questions regarding any of the items, or suggestions, please feel free to see me at 1763.

Sir James